

WRITING QUEST

Personal 60-Day Writing Program · Arnav Kashyap

DAY 7 · WEEK 1 WRAP

Date: _____

Player: Arnav Kashyap

Phase 1 · Week 1

WARM-UP · 3 min

Re-read Day 1 and Day 6 quietly to yourself. Tick the box when done. []

SPEED DRILL · 3 min

Speed copy: write 'I am a writer.' 6 times below in under 60 seconds. (Start: _____ End: _____)

MAIN MISSION · Target: 14 lines · 12–18 min

Write 7 lines: 'Three things I learned about myself this week.' Talk about your speed, your favourite topic, and one moment you are proud of.

SELF-CHECK · 2 min

FIRST MILESTONE! Add up your XP for the whole week and write it in the box. Big celebration.

XP EARNED TODAY



Enter in the Excel tracker

Parent signature & date

Streak today: [] Yes [] Lite [] Freeze [] No